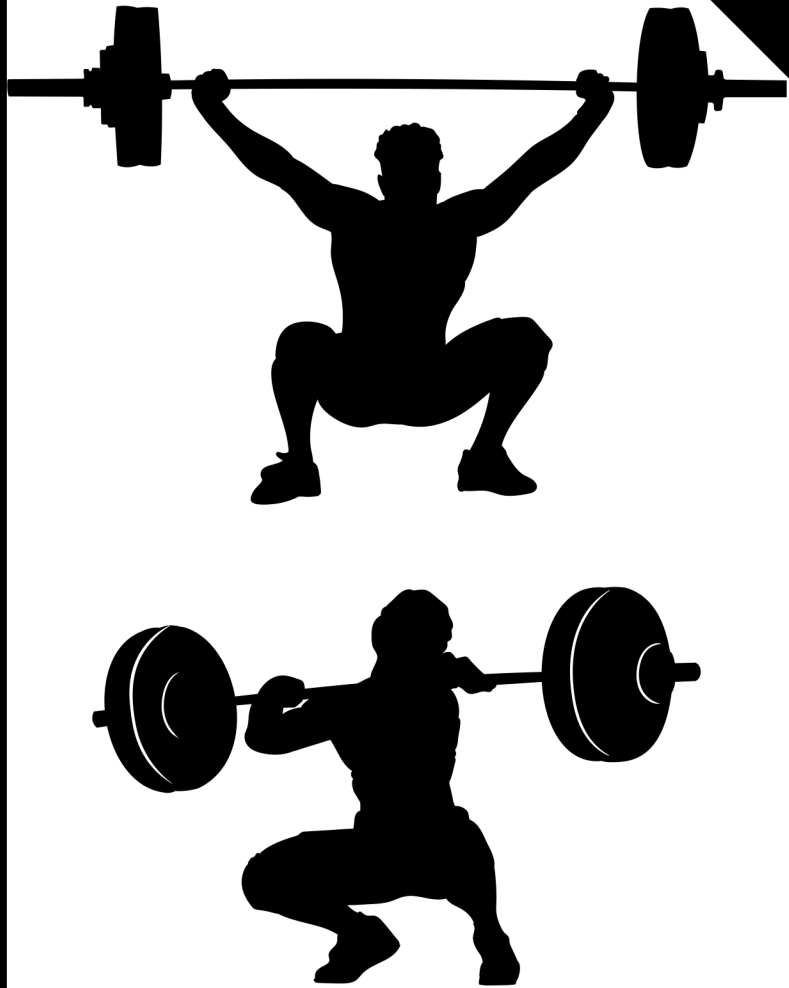


STRATFIT



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THE ABILITY
TO EXECUTE
WORK AT A
HIGH RATE.

KEY METRIC: SNATCH +
CLEAN & JERK ONE REP
MAXIMUMS TOTAL